

# Course: Inspire, Motivate and Develop through Mentoring

Throughout this highly interactive, half-day workshops, participants will learn critical mentoring skills. From the initial contracting through the use of advice, feedback and coaching skills, delegates will be equipped with the knowledge and awareness of skills to enable them to be effective and confident mentors.

## **Course Content:**

- Brief history of Mentoring
- Mentoring now
- Creating Rapport
- Active Listening
- Giving effective Feedback
- Asking Questions
- How to run a productive mentoring session
- Review and evaluate
- Action plan

**Leeds Date:** 2 x 1/2 am sessions

**Venue:** Leeds

**Includes::** Expert trainer, learning materials, refreshments and a quality venue